

| Teams | | | Stafette | Rangpkt. | Hindernislauf | Rangpkt. | Total |
|----------------|-------------------------------------|---|----------|----------|---------------|----------|-------|
| K 7/9 | 1 | TV Cervus Andwil-Arnegg <i>Andwil 2</i> | 2:13.2 | 1 | 2:10.57 | 1 | 2 |
| | 2 | TSV Häggenschwil <i>minipic</i> | 2:20.6 | 3 | 2:26.18 | 2 | 5 |
| | 3 | J+S Riege Altendorf <i>J+S Altendorf 4</i> | 2:16.5 | 2 | 2:26.85 | 4 | 6 |
| | 4 | FTSU <i>FTSU Boys 4</i> | 2:23.5 | 4 | 2:26.27 | 3 | 7 |
| | 5 | Jugi Mutschellen 2 <i>Jugi Mutschellen 2</i> | 2:38.2 | 5 | 2:34.08 | 5 | 10 |
| M 7/9 | 1 | Niederbüren <i>Niederbürer Frauenpower</i> | 2:12.5 | 1 | 2:06.88 | 1 | 2 |
| | 2 | J+S Riege Altendorf <i>J+S Altendorf 2</i> | 2:12.5 | 1 | 2:14.22 | 4 | 5 |
| | 3 | TV Cervus Andwil-Arnegg <i>Andwil 4</i> | 2:17.8 | 4 | 2:10.49 | 2 | 6 |
| | 3 | TSV Steinen <i>Steinen 4</i> | 2:13.1 | 3 | 2:11.47 | 3 | 6 |
| | 5 | FTSU <i>FTSU Girls 5</i> | 2:18.0 | 5 | 2:17.33 | 5 | 10 |
| | 6 | TuS Hägendorf 1 <i>TuS Hägendorf 1</i> | 2:20.9 | 6 | 2:25.65 | 6 | 12 |
| K 10/12 | 1 | Niederbüren <i>Niederbürer Sportraketen</i> | 2:02.5 | 2 | 2:01.08 | 2 | 4 |
| | 1 | LAG Gossau <i>LAG Gossau 2</i> | 1:59.3 | 1 | 2:03.60 | 3 | 4 |
| | 3 | TSV Steinen <i>Steinen 3</i> | 2:07.0 | 5 | 1:53.72 | 1 | 6 |
| | 4 | TV Cervus Andwil-Arnegg <i>Andwil 3</i> | 2:06.1 | 3 | 2:05.29 | 4 | 7 |
| | 5 | Vom Stein Baden <i>Vom Stein Baden</i> | 2:07.4 | 6 | 2:06.72 | 6 | 12 |
| | 6 | FTSU <i>FTSU Boys 3</i> | 2:08.4 | 8 | 2:06.56 | 5 | 13 |
| | 7 | TV Ufhusen <i>Ufhusen 2</i> | 2:07.9 | 7 | 2:08.39 | 7 | 14 |
| | 7 | TSV Rothenthurm <i>Rothenthurm 1</i> | 2:06.4 | 4 | 2:19.71 | 10 | 14 |
| | 9 | TuS Hägendorf 3 <i>TuS Hägendorf 3</i> | 2:15.2 | 10 | 2:14.47 | 8 | 18 |
| 9 | TV Niederhelfetschwil <i>TVNH 2</i> | 2:13.2 | 9 | 2:16.84 | 9 | 18 | |
| M 10/12 | 1 | TSV Steinen <i>Steinen 2</i> | 1:58.4 | 1 | 2:03.65 | 2 | 3 |
| | 2 | TSV Fortitudo Gossau <i>Fortigirs 2</i> | 2:01.3 | 3 | 1:57.32 | 1 | 4 |
| | 3 | FTSU <i>FTSU Girls 3</i> | 1:59.0 | 2 | 2:06.21 | 4 | 6 |
| | 4 | TSV Fortitudo Gossau <i>Fortigirs 4</i> | 2:03.4 | 4 | 2:04.21 | 3 | 7 |
| | 5 | FTSU <i>FTSU Girls 4</i> | 2:06.6 | 5 | 2:15.97 | 5 | 10 |
| | 6 | TSV Häggenschwil <i>F(l)izzers</i> | 2:11.5 | 6 | 2:16.44 | 6 | 12 |
| K 13/16 | 1 | FTSU <i>FTSU Boys 1</i> | 1:46.1 | 1 | 1:56.10 | 4 | 5 |
| | 2 | TV Ufhusen <i>Ufhusen 1</i> | 1:53.4 | 4 | 1:54.14 | 2 | 6 |
| | 3 | LAG Gossau <i>LAG Gossau 1</i> | 1:57.6 | 6 | 1:51.81 | 1 | 7 |
| | 4 | TV Niederhelfetschwil <i>TVNH 1</i> | 1:51.5 | 3 | 1:58.17 | 6 | 9 |
| | 4 | FTSU <i>FTSU Boys 2</i> | 1:51.3 | 2 | 1:58.26 | 7 | 9 |
| | 6 | TSV Häggenschwil <i>run for gold</i> | 1:58.4 | 7 | 1:54.63 | 3 | 10 |
| | 6 | TV Cervus Andwil-Arnegg <i>Andwil 1</i> | 1:53.9 | 5 | 1:58.04 | 5 | 10 |
| | 8 | KTV Laupersdorf <i>KTV Laupersdorf</i> | 2:02.1 | 8 | 2:04.36 | 8 | 16 |
| | 9 | J+S Riege Altendorf <i>J+S Altendorf 3</i> | 2:02.5 | 9 | 2:20.14 | 9 | 18 |
| | 10 | TSV Muolen | 2:04.1 | 10 | 5:00.00 | 10 | 20 |
| M 13/16 | 1 | TSV Fortitudo Gossau <i>Fortigirs 1</i> | 1:53.7 | 2 | 1:53.54 | 1 | 3 |
| | 2 | TSV Fortitudo Gossau <i>Fortigirs 3</i> | 1:54.6 | 4 | 1:54.65 | 2 | 6 |
| | 2 | FTSU <i>FTSU Girls 1</i> | 1:53.9 | 3 | 1:56.10 | 3 | 6 |
| | 4 | TSV Steinen <i>Steinen 1</i> | 1:53.2 | 1 | 2:03.83 | 6 | 7 |
| | 5 | Niederbüren <i>Niederbürer Speedie</i> | 1:59.2 | 7 | 1:59.18 | 4 | 11 |
| | 6 | Turnerinnen Ufhusen <i>Jugi Mädchen Ufhusen</i> | 2:00.6 | 8 | 2:03.40 | 5 | 13 |
| | 6 | FTSU <i>FTSU Girls 2</i> | 1:58.1 | 6 | 2:06.95 | 7 | 13 |
| | 8 | J+S Riege Altendorf <i>J+S Altendorf 1</i> | 1:56.6 | 5 | 2:12.54 | 11 | 16 |
| | 9 | Jugi Mutschellen <i>Jugi Mutschellen 1</i> | 2:03.0 | 10 | 2:07.45 | 8 | 18 |
| | 9 | TuS Hägendorf 2 <i>TuS Hägendorf 2</i> | 2:01.7 | 9 | 2:07.52 | 9 | 18 |
| | 11 | Mädchenriege Sattel <i>Mädchenriege Sattel</i> | 2:05.3 | 11 | 2:07.98 | 10 | 21 |
| | 12 | TSV Trimbach <i>TSV Trimbach</i> | 2:07.0 | 12 | 2:14.72 | 12 | 24 |