

# LAG-BESTENLISTE MÄNNER



Leichtathletik Gossau

(Freiluft seit 1989)

Leistung	Name, Vorname, Jg.	Jahr	Leistung	Name, Vorname, Jg.	Jahr
<b>100m</b>			<b>200m</b>		
11.10	Peter Jegle, 69	1990	22.94	Frei Jack, 67	1992
11.10	Frei Jack, 67	1993	23.37	Jung Christian, 72	1992
11.40	Graf Nico, 02	2018	23.41	Graf Nico, 02	2018
<b>400m</b>			<b>800m</b>		
51.14	Jung Christian, 72	1992	1:54,35	Rupp Fabian, 87	2006
52.10	Frei Jack, 67	1993	1:58,70	Weiler Stephan, 84	2002
53.14	Weiler Stephan, 84	2002	2:02,39	Scattolin Pascal, 72	1989
<b>1000m</b>			<b>1500m</b>		
2:34,35	Rupp Fabian, 87	2006	4:04.84	Rupp Fabian, 87	2006
2:34,50	Scattolin Pascal, 72	1989	4:07,35	Scattolin Pascal, 72	1989
2:35,78	Weiler Stephan, 84	2002	4:08,86	Weiler Stephan, 84	2002
<b>3000m</b>			<b>5000m</b>		
8:55,54	Scattolin Pascal, 72	1989	15:47,54	Scattolin Pascal, 72	1989
8:57,96	Rupp Fabian, 87	2002	16:18,92	Amman Patrick, 71	1990
9:28,56	Weiler Stephan, 84	1999	-		
<b>10000m</b>			<b>Marathon</b>		
<i>vakant</i>			02:51,44	Scattolin Pascal, 72	2001
-			03:07.19	Steinemann Roland, 60	1996
-			03:26.06	Strittmatter Marcel, 91	2018
<b>110m Hürden</b>			<b>400m Hürden</b>		
15.00	Frei Jack, 67	1993	<i>vakant</i>		
-			-		
-			-		
<b>Hoch</b>			<b>Weit</b>		
1.90	Frei Jack, 67	1993	7.02	Jegle Peter, 69	1990
1.90	Schönenberger Cyrill, 72	1997	6.56	Frei Jack, 67	1993
1.80	Graf Nico, 02	2018	6.55	Graf Nico, 02	2018
<b>Drei</b>			<b>10-Kampf</b>		
13.04	Frei Jakob, 67	1999	6648	Frei Jack, 67	1992
12.40	Graf Nico, 02	2018	-		
12.26	Schiess Raphael, 76	1995	-		
<b>Kugel</b>			<b>Speer</b>		
13.65	Frei Jack, 67	1994	47.10	Koller Andreas, 71	1989
<b>Diskus</b>			<b>Stab</b>		
36.74	Frei Jack, 67	1993	4.00	Frei Jack, 67	1993
<b>Hammer</b>			<b>3000m Steeple</b>		
<i>vakant</i>			<i>vakant</i>		

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